

# Carleton Riding Club Member newsletter

## September 2025



Welcome to our monthly Member newsletter.

We've got lots to update on, so grab a brew and take a read. If you've got any feedback or an idea for an article, be sure to let us know.

Well done everyone! You did us proud once more.

### NAF Five Star British Riding Clubs Championships –30 & 31 August

On the weekend 30 & 31 August, Carleton members headed to the NAF Five Star British Riding Clubs Championships, held at Lincoln Showground. We were represented in Senior Dressage and Show Jumping. They changed things around this year. Rather than it being split into Senior and Junior days, it was split by discipline. So it was dressage on Saturday and show jumping on Sunday.

Overall, the results were mixed. But there were a few curveballs to deal with in the run up to the Champs with lame horses, rider changes and horse changes amongst other things.

On Saturday 30 August, we had nine members entering the boards in teams or as individuals. Here's how they got on:

Our Mixed Open Team of Ysabelle Daly, Lindsey Wright and Rachael Key were down to a team of 3 due to a late withdrawal. No team placing, but Ysabelle took 9<sup>th</sup> individually in her section.

Our Prelim Team of Casey Norman, Joanna Watts, Rachael Key and Nicola Broughton put in steady performances. Again, no team placing but Joanne took 2<sup>nd</sup> place in her section.

It was better news in the pairs class, where Joanne Watts and Casey Norman took 7<sup>th</sup> place. Nicola and Emma Broughton brought a Mother and Daughter element to the class too.

Turning to the individuals, Joanne Watts took 5<sup>th</sup> place in her BRC Prelim section. Katie Balderstone took equal 9<sup>th</sup> place in her BRC Prelim section. Claire Iaccarino took 5<sup>th</sup> place in her BRC Prelim section and equal 6<sup>th</sup> in her BD Prelim section.

One of the curveballs we faced was the cancellation of the show jumping qualifier. In order to work out who went, a ballot was held. Our 80cm team of Casey Norman, Rachael Key, Amy Fisher and Lauryn Canham were selected to go. Sunday saw their time to shine.

They all put in strong performances to take 5<sup>th</sup> place in the team competition finishing on 4 faults!

Special mention needs to go to Emma Broughton who rode not one, but two different horses in her classes after her own pony went lame a week before the Championship. Getting to Champs is one thing, performing there is another. Well done everyone! We are very proud of you all.



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### Area 14 Combined Challenge qualifier – 24 August

On 24 August, we were represented at the Combined Challenge being at Horseheath. It was a different type of event with a round of show jumps followed by a round of cross country jumps. A bit like Arena Eventing, but on grass.

After a very early start, our Senior 70cm Team of Kim Plumb, Willow Haxby, Anna Savage and Ysabelle Daly were first up. Sadly, Ysabelle had to withdraw on the day. That left us with a team of three, so everyone's scores counted. The team ended up in 2<sup>nd</sup> place, with Kim taking 2<sup>nd</sup> individually and Anna 6<sup>th</sup>.

Then it was on to the Mixed 90cm Team of Selina Westcott, Steve Small, Caitlin Wilson and Gill Mason. Again, they took 2<sup>nd</sup> at a team after some very strong performances. Individually Selina took 5<sup>th</sup> place and Gill took 6<sup>th</sup> place.

Selina then went on as an individual in the 100cm, Sadly she was eliminated after missing a fence out.

Well done everyone! You did us proud once more.

### AGM update

We will be holding our AGM on Friday 21 November at Morley College. More details will be coming soon, so save the date. Please can any trophies be returned to Emma Broughton or bring them to our next show.

### Training update

It's all change with our training! October's training will now be with top level eventer Justine Ward on 18 October at World Horse Welfare.

Justine has a wealth of knowledge to pass on to all level of riders. You can enter now on My Riding Life.



### Thank you to our Show Sponsors

As our October show will be our last League show, we thought we'd take opportunity to say a massive thank you to all of our Show Sponsors.



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### Our next show – 12 October

The next show is on Sunday 12 October at Easton College.

There will be dressage in the morning and show jumping in the afternoon. Entries will be by My Riding Life.

We need volunteers to run the show so if you can help, look out for posts on our Facebook group.

Our October Club Show is traditionally our charity show. This year, we will be raising funds for Norfolk Accident Rescue Service (NARS).

NARS saved Committee Member Gabby's brother's life as they were first on the scene when he had a heart attack. They are often first responders to horse riding accidents too.

If you are competing at this show, please wear **red and blue** to show your support. We'll let you know how you can donate too.

If you haven't heard of NARS, they were established in 1970 and have a team of around 50 volunteer doctors, nurses, critical care paramedics, paramedics and first responders attending over 1,500 emergency calls every year in Norfolk.

They receive no Government funding and so rely on the generosity of public donations and fundraising across Norfolk.

You can find more information at <https://www.nars.org.uk/>



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# ATTENDING OVER 1,600 PATIENTS PER YEAR

Our volunteer doctors, nurses, paramedics and first responders attend 999 calls across Norfolk both day and night

