

Carleton Riding Club Member newsletter

April 2025



Welcome to our monthly Member newsletter.

We've got lots to update on, so grab a brew and take a read. If you've got any feedback or an idea for an article, be sure to let us know.

Thank you!

We wanted to say a BIG thank you to everyone who joined us for our first show of 2025 on Sunday 20 April at Easton College.

It was a full house and judging by the feedback, people had a really good time.

We'd also like to thank our show sponsors, Martin Travel, for going over and above for our competitors with Easter Eggs for our winners. What a lovely touch for Easter Sunday.

Entries are now open for our next show on Sunday 25 May.

In case you need them, here are the other dates: 29 June, 26 July, 21 September, 12 October and 7 December.



Meet the Sponsors

We're very grateful to our wonderful sponsors. We have a number of them, who've sponsored jumps or one of our shows. We want to shine a spotlight on them as our way of saying thank you.

Molly from Turn it Around Veterinary Physiotherapy is sponsoring our May show. Molly offers individualised assessments and treatments across East Anglia using a combination of manual and electro-therapies.

Get in touch with her directly on 07770 669363 to find out more and book in today.

Molly has worked within the animal industry for many years, from working as a groom on busy yards to working for animal welfare charities including Blue Cross, Dogs Trust and Redwings Horse Sanctuary. In these roles her love for holistic care and animal welfare grew. This is also where she developed her understanding of behaviour and welfare.

After completing a BSc (Hons) in 2022, she has devoted her work to providing bespoke, holistic assessments and treatments of all animals. Combining her passion for understanding behaviour and knowledge of physical therapy to deliver a calm and positive experience for all involved.

She offers a range of services tailored to meet your pet's specific needs.

Find out more at www.turnitaroundvp.co.uk

We're on the look out for Show Sponsors, so if you've got a business you'd like to promote, get in touch.



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Calling all jumpers!

The Summer Show Jumping qualifier is being held at Geldeston Hall (on grass) on Sunday 22 June 2025. Hosted by Beccles and Bungay Riding Club, classes range from 60cm to 105cm. Open to both our junior and senior members.

Those wanting to put themselves forward must also be available for the championships held on the 30 / 31 August 2025 at Lincolnshire showground.

If you're interested, get in touch with Lauryn Canham or comment on the post in our FB Group.



A new skill?

Running our shows takes an army of volunteers. So all we ask of you as a member is to give some of your time to be part of the show team. There are many roles that need doing on a show day. From dressage scoring to picking up poles.

We've had some feedback that some of you don't feel confident taking on one of these roles. Or haven't ever done it. So we'd like to offer some training.

Would you like to know what's needed to be a steward? Learn how to be a dressage writer? Or even what goes on behind the scenes as a scorer?

Get in touch and we will let you know when the sessions are.

Movement		Description	M	Me	Jur	Pr	Coel		
1	A	Enter working trot and proceed down centre line without halting	10	6.5					Lost a little straightness
	C	Track right							
2	MF	One loop 5 metres in from track	10	7.0					
	F	Working trot							
3	A	20m circle right working trot	10	7.5					Travelling nicely forward
									Clearly shown. Stayed round
		Change the rein working trot & give	10	8.0		2			

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Legal Eagles

We've had a few questions about the 'do's and don't's' when it comes to our competitions. So here's a quick run down for you.

We run all of our shows under the relevant governing bodies. Our dressage competition is run under British Dressage rules and our show jumping competitions under British Show Jumping rules.

Here are some of the basics for dressage:

- **Tack** martingales, draw reins or any other rein aid are not permitted. The only exception this is the Walk & Trot -CRC W & T class where martingales are permitted.
- **Bits** all horses must be ridden in a snaffle bit (full details of BD legal bits can be found on their website). Bitless bridles are not permitted. Double bridles are permitted at levels from elementary upwards. Bit guards are not permitted.
- **Boots and bandages** horses may be ridden in wearing any form of leg protection, but they must be removed before the test starts. This includes over-reach boots.
- **Competition attire** competitors should be appropriately dressed and gloves must be worn.
- **Numbers** must be worn on both sides whether on the bridle or saddle pad.

Here are some of the basics for show jumping:

- **Tack** all saddlery and equipment must be correctly fitted. Saddles and bridles must be worn.
- **Whip** only padded baton-style whips are to be used. It must adhere to the new BSJA standard. Schooling whips are not allowed, even in the warm up.
- **Competition attire** competitors should be appropriately dressed and gloves do not need to be worn.
- **Faults**
 - Pole knockdown: 4 faults.
 - First refusal (horse stops), run out, resistance or circle at a fence: 4 faults.
 - Second refusal, run out, resistance or circle: 8 faults
 - Third refusal, run out, resistance or circle: Elimination
 - Fall of horse or rider: Elimination
- **Elimination** if you are sadly eliminated, you are allowed to jump one jump before leaving the arena. This must be a jump you have already jumped and in the correct direction.

If you want to find out more, you can look it up on in the British Showjumping Rulebook.

For all of our competitions, it's recommended that hair is neatly tied back or contained within a hairnet. This not only looks good for the photos, it is also for safety reasons.

It also goes without saying that a riding hat **MUST** be worn at all times when mounted.

While our Committee members can guide you, it is your responsibility as a competitor to make sure that you have appropriate, well-fitting equipment and your tack is legal.